

202. WATER
OLD BAY SEASONING
SHALLOW BAKING PAN

\*FROZEN THAW TIME: 8 HOURS IN FRIDGE



#### OVEN (FROZEN)



- 1. Preheat OVEN to 350° Place 1/2 CUP MELTED BUTTER on crab cakes.
- 2. Bake for 25 minutes until golden and reaches internal temperature of 165°

#### BAKED OR BROILED (FRESH)



- 1. Preheat OVEN to 425°
- Reform your crab cakes into a ball or patty shape to ensure the crab cakes do not fall apart while cooking (after all, there isn't much filler)
- 3. Place your crab cakes in a SHALLOW BAKING PAN
- 4. Pour 1/2 CUP MELTED BUTTER over crab cakes.
- 5. Pour 2 OZ WATER into the pan
- 6. Place the crab cakes in pre-heated oven for 25-30 minutes or until tops are golden brown. Ovens vary.
- 7. Dust with OLD BAY SEASONING
  \*Smaller crab balls bake at 8-10 minutes.

### DEEP FRIED (FRESH):

\*Deep Fried Frozen Not Possible

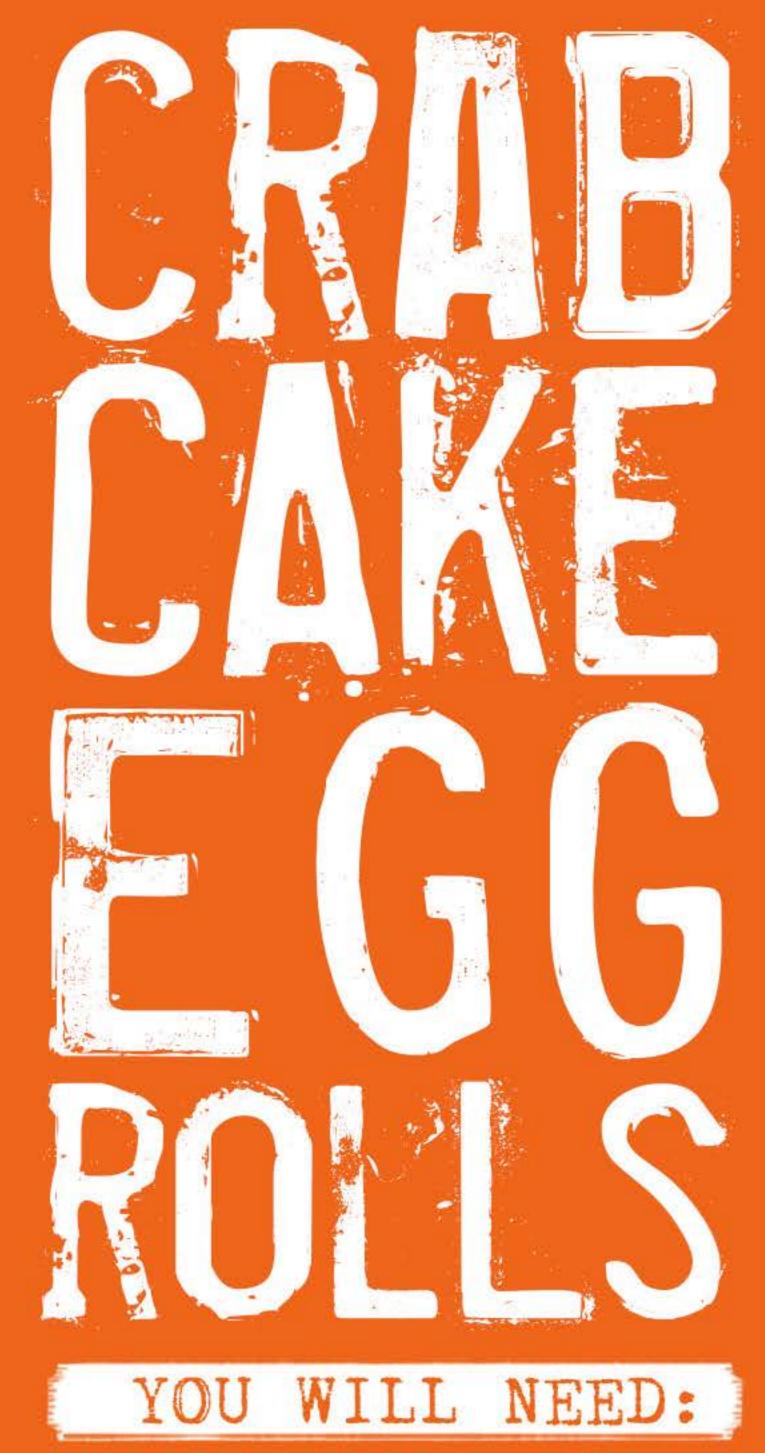


- 1. Preheat fryer to 325°
- Reform your crab cakes into a ball or patty shape. The crab cakes should be as cold as possible
- Fry crab cakes until golden brown, or longer if you like them crunchy.
- 4. Check internal temperature to be at least 140°. If it's not, place in a 350° oven for 5 minutes or until desired temperature is reached

### AIR FRYER (FROZEN)



- 1. Preheat OVEN to 350° Place 1/2 CUP MELTED BUTTER on crab cakes.
- 2. Bake for 25 minutes until golden and reaches internal temperature of 165°



BAKING SHEET OR AIR FRYER Serve with Ponzu Aioli (included).



## Thaw Time: 6-8 in Fridge OVEN (FRESH)

- 1. Pre-heat OVEN to 350°
- Transfer egg rolls onto a BAKING SHEET
- 3. Lightly spray with non-stick cooking spray, or lightly coat with canola or vegetable oil.
- 4. Cook for 8-10 minutes on each side, until golden brown.

#### **OVEN** (FROZEN)

- Preheat Oven to 375°
   Transfer Egg Rolls onto a Baking Sheet
- 2. Bake in a preheated oven for 10 min on each side to give a good color on each side or until the internal temperature reads 165°.

#### AIR FRYER (FRESH)

- 1. Lightly spray with non-stick cooking spray, or lightly coat with canola or vegetable oil.
- Set AIR FRYER to 350F, place Egg Rolls in Air Fryer basket
- 3. Cook for about 10 minutes, on each side until golden brown.

#### AIR FRYER (FROZEN)

- Lightly spray with non-stick cooking spray, or lightly coat with canola or vegetable oil.
- 2. Pre-heat AIR FRYER to 375°
- 3. Air fry for 10 min on each side.



# STEAMED CDIDS

#### YOU WILL NEED:

STOVETOP POT
BEER AND VINEGAR
(OPTIONAL)

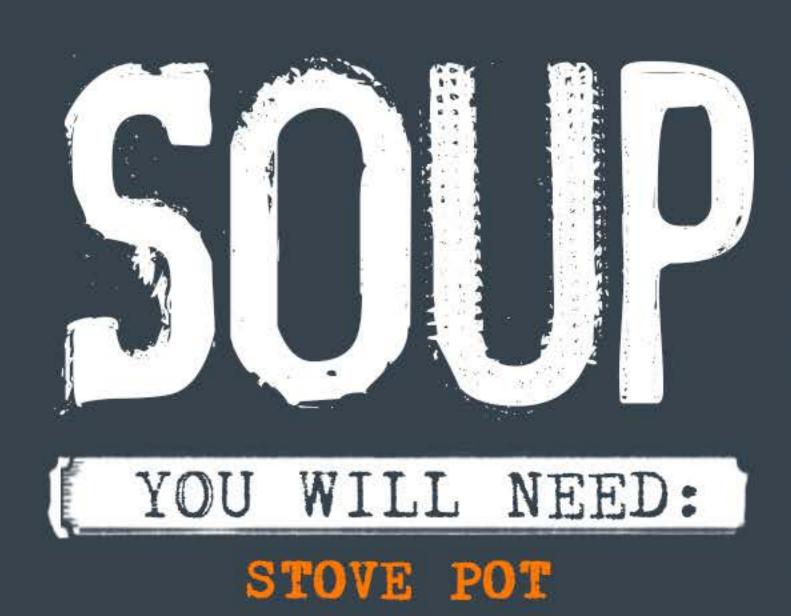
- 1. Bring your POT to a steam. Use a rack to keep the crabs above water level. Feel free to put a little BEER AND VINEGAR in the water as well as well as some extra seasoning!
- 2. For crabs, reheat 5-7 minutes..

If microwaving crabs, cover with a wet towel and microwave for 1-2 minutes. If microwaving shrimp, cover with wet towel and microwave for 1 minute.

For either method, test a claw to check if the meat is hot, but be careful not to dry them out!









### 145°

\*Frozen thaw time: 13.5-14 hours in fridge

## MICROWAVE: (FROZEN)

- 1. Pierce 4 holes in film and heat for 2 minutes.
- 2. Peel film and heat for an additional 5 minutes, stirring every 30 seconds.

## STOVE TOP: (FRESH)

- 1. Transfer soup into a **STOVE POT**.
- 2. Heat to at least 145° stirring constantly
- 3. Enjoy!

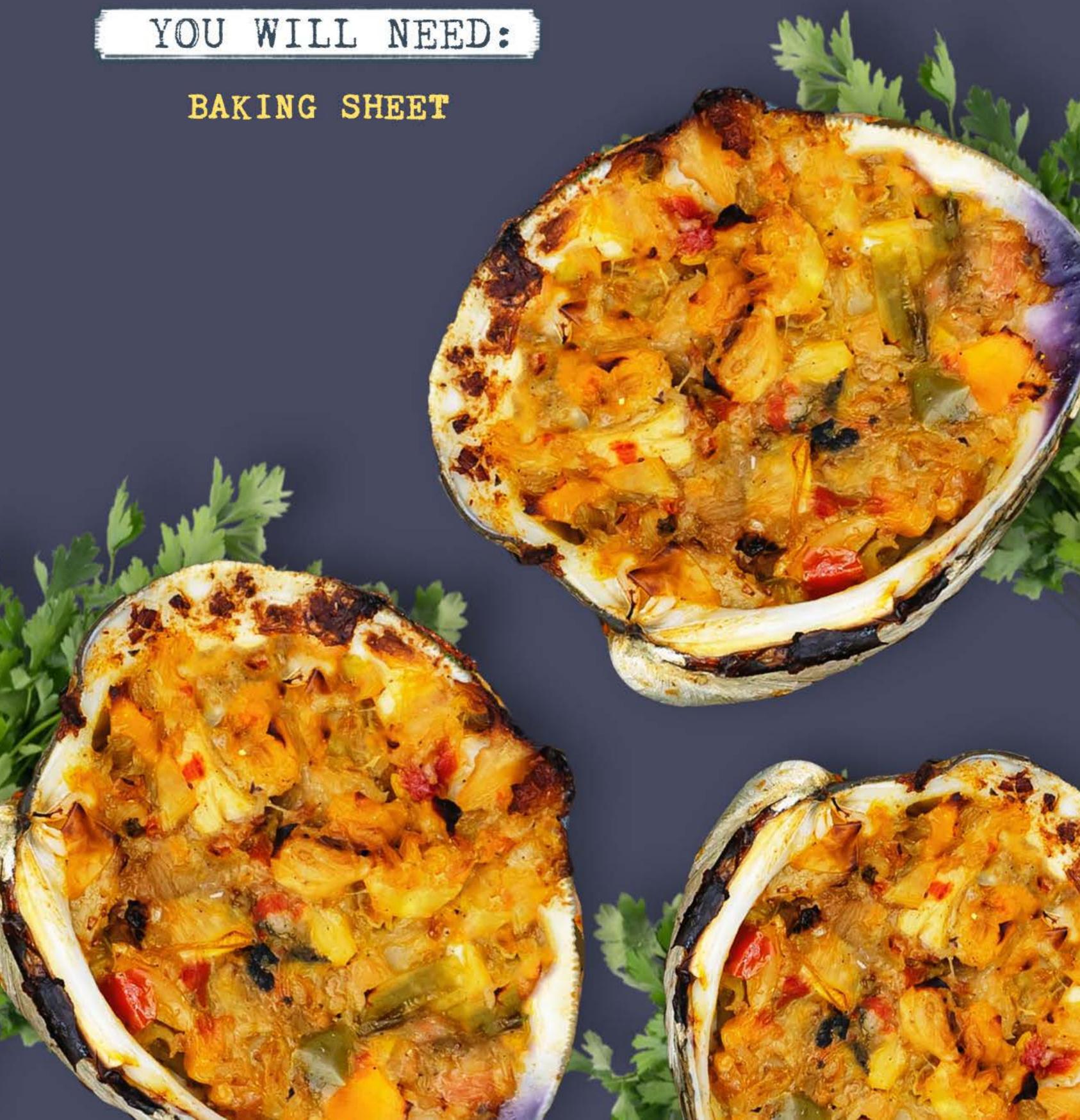


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IF FROZON UPON ARRIVAL
THAW IN FRIDGE FOR 6-8 HOURS

#### OVEN (THAWED)

- 1. Place Clams on baking sheet and preheat oven to 400°F
- 2. Bake for 8-10 minutes Serve & Enjoy!



# CRAB PREZEL

YOU WILL NEED:

BAKING SHEET

#### **OVEN (FRESH)**

- 1. Remove pretzel from packaging and transfer to oven safe sheet tray.
- 2. Bake at 350 F for about 12 minutes, or until internal temperature of 145 F is reached

#### OVEN (FROZEN)

- Remove pretzel from packaging and transfer to oven safe sheet tray.
- 2. Bake at 325 F for about 20 minutes, or until the internal temperature of 145 F is reached.



# MINISTER STARP

YOU WILL NEED:

BAKING PAN

OVEN or AIRFRYER

#### OVEN (FROZEN)

- 1. Preheat oven 350°
- 2. Grease the bottom of the baking pan.
- 3. Place shrimp in a baking dish and bake for 12 min until it reaches a rich golden-brown coloring.
- 4. Serve and Enjoy

#### AIRFRYER (FROZEN)

- 1. Preheat oven 375°
- 2. Place shrimp in the airfryer and cook for 10 min until it reaches a rich golden-brown coloring.
- 3. Serve and Enjoy

#### **OVEN (FRESH)**

- 1. Preheat oven 350°
- 2. Grease the bottom of the baking pan.
- 3. Place shrimp in a baking dish and bake for 5 min until it reaches a rich golden-brown coloring.
- 4. Serve and Enjoy

#### AIRFRYER (FROZEN)

- 1. Preheat oven 375°
- 2. Place shrimp in the airfryer and cook for 4 min until it reaches a rich golden-brown coloring.
- 3. Serve and Enjoy



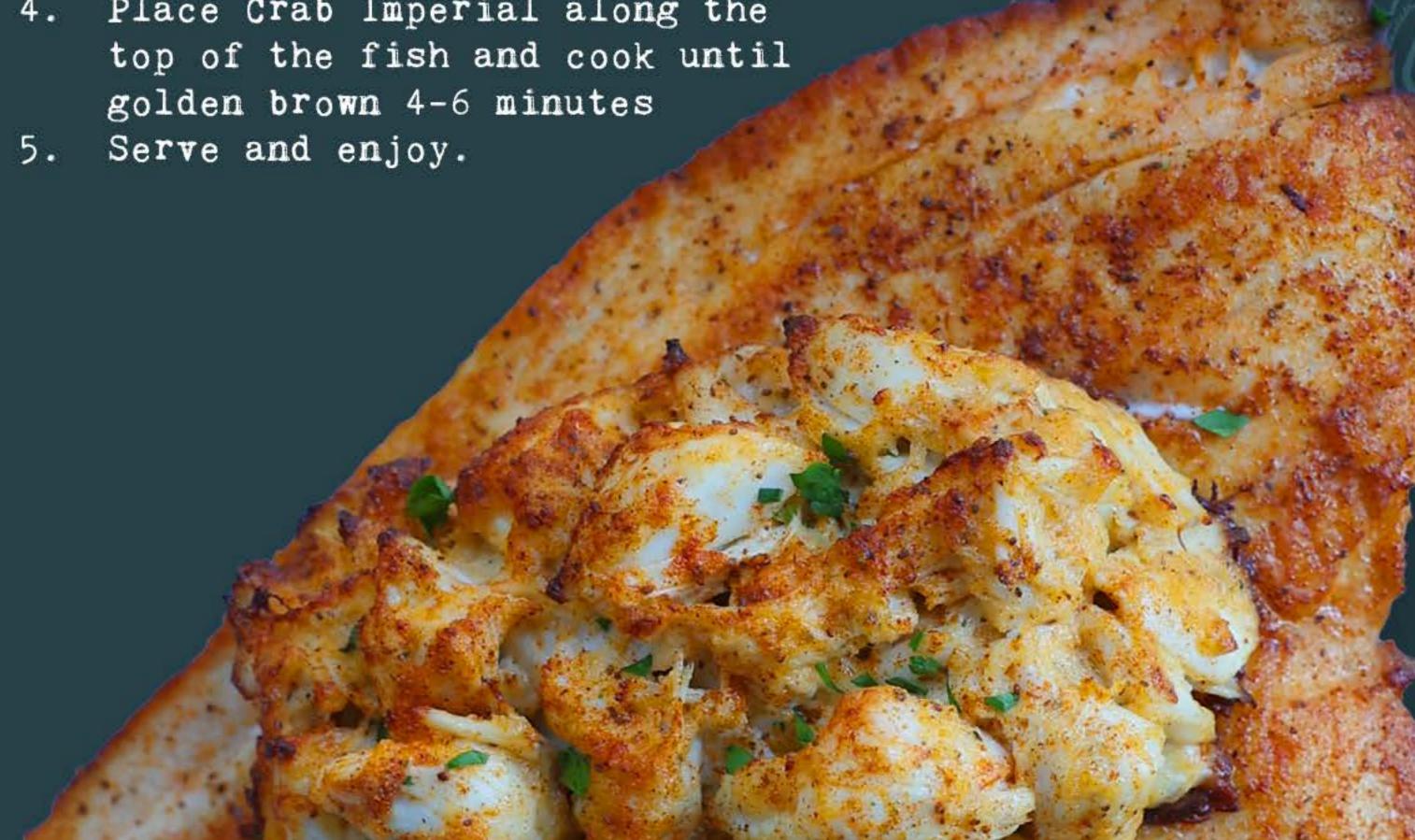
# ROCKFISH FILL NEED:

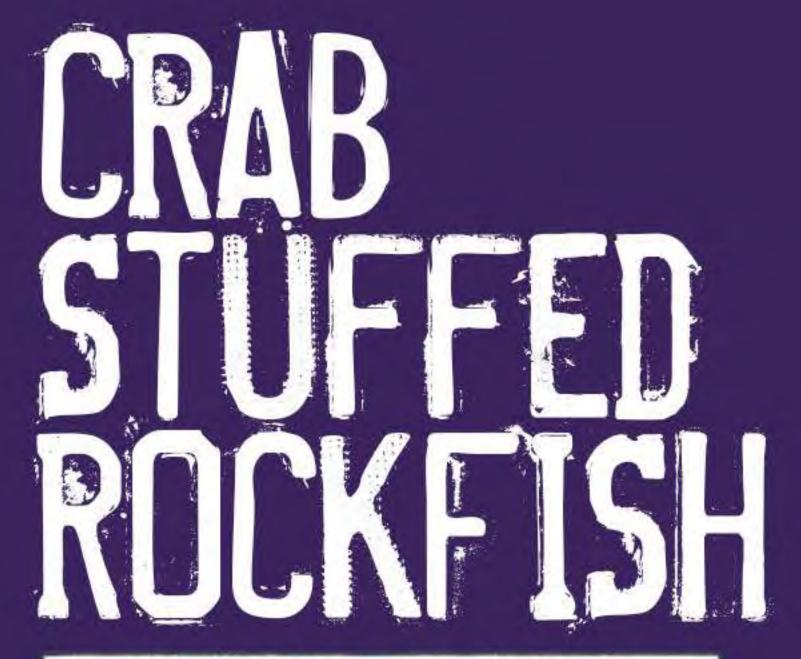
#### BAKING PAN



#### BAKING PAN

- Preheat oven 400°
- Season Flounder with Old Bay and 2. Place on Baking Sheet
- Add a TbSP of Butter/oil to the top and bake for 4-6 minus at 400°
- Place Crab Imperial along the





#### BAKING PAN

- 1. Preheat oven 400°
- 2. Season Rockfish with Old Bay and Place on Baking Sheet
- 3. Add a TbSP of Butter/oil to the top and bake for 4-6 minus at 400°
- 4. Place Crab Imperial along the top of the fish and cook until golden brown 4-6 minutes



## CRABB MAC

#### YOU WILL NEED:

#### MICROWAVE

- 1. Heat in Microwave for 3.5 minutes
- 2. Stir and heat for an additional 3 } min.
- 3. Serve and Enjoy



AIR FRYER or STOVE POT

OIL

SAUCE PAN

#### AIR FRYER (FROZEN)

1. Pre-heat AIR FRYER to 375°



- 2. Fry in air fryer for 4 minutes or until internal temperature reaches 175°.
- 3. Top with provided queso and salsa crema.

#### DEEP FRIED (FROZEN)

- 1. Pour enough OIL in STOVE POT to submerge crabquitos.
- 2. Preheat oil to  $350^\circ$
- 3. Fry crabquitos in oil for 4 minutes or until internal temperature reaches 165°.
- 4. Top with provided queso and salsa crema.



# JIMANS OYSTERS

YOU WILL NEED:

#### BAKE FROM THAWED

425°

- 1. Preheat oven to 425°.
- 2. Place the oysters on a BAKING PAN.
- 3. Bake the oysters for 15 minutes.
- 4. Plate and serve!

#### BAKING PAN

#### BAKE FROM FROZEN

375°

- 1. Preheat oven to 375°.
- 2. Place the oysters on a BAKING PAN.
- 3. Bake the oysters for 25 minutes.





## OSTERS POCKE-FELLER

#### YOU WILL NEED:

BAKING PAN

#### BAKE FROM THAWED

425°

- 1. Preheat oven to 425°.
- 2. Place the oysters on a BAKING PAN.
- 3. Bake the oysters for 15 minutes.
- 4. Plate and serve!

#### BAKE FROM FROZEN

375

- 1. Preheat oven to 375°.
- 2. Place the oysters on a BAKING PAN.
  - 3. Bake the oysters for 25 minutes.
    - 4. Plate and serve!

## SEAFOOD LASAGNA

YOU WILL NEED:

COOKING SHEET

- 1. Preheat oven to 400°
- 400 °
- 2. Place lasagna onto COOKING SHEET
- 3. Bake for 20-25 minutes until the cheese on the top is golden brown.
- 4. Allow time to rest.
- 5. Enjoy!



#### BAKING PAN

COOKED FROM FROZEN

- 1. Preheat oven to 400°
- 2. Place Pot Pie onto baking pan
- 3. Bake for 20-25 minutes until the crust on the top is golden brown.



## (UN)STUFFED LOBSTER TAILS

#### YOU WILL NEED:

#### BAKING PAN

#### Unstuffed Tail

- 1. Preheat Oven to 400°
- 2. Place Lobster Tails on a Baking Pan
- 3. Place Baking Pan in a preheated oven for 8 minutes.
- 4. Serve with your favorite sides & Enjoy!

#### Stuffed Tail

- 1. Preheat Oven to 400°
- 2. Place Lobster Tails on a Baking Pan
- 3. Cover Lobster Tails with provided stuffing mix.
- 4. Place Baking Pan in a preheated oven for 10 minutes.
- 5. Serve with your favorite sides & Enjoy!



- 1. Transfer into a pot to a steam.
- 2. Use a rack to keep the snow crabs above water level.
- 3. Reheat 5-7 minutes.

If microwaving crabs, cover with a wet towel and microwave for 1-2 minutes.

#### WILL NEED:

LARGE POT

For either method, test a claw to check if the meat is hot, but careful not to dry them out! Crabs can be eaten at





SEASONED FLOUR
OIL
BUTTER
SKILLET

1. Lightly dust the soft crabs in SEASONED FLOUR(preferably with Old Bay) to coat on both sides.

2. Heat OIL in a SKILLET over medium-high heat until shimmering hot.

Add a little BUTTER and swirl the skillet to melt it.

 Add the crabs top side down and cook until browned, about 2-3 minutes.

4. With tongs, flip the crabs and cook until red and an instant-read thermometer inserted in the center reads about 145°F.

5. Transfer crabs to a large paper-towel-lined plate to drain briefly. Plate and serve with lemons!



OVEN

BAKING PAN

ALUMINUM FOIL

225°

- 1: To reheat your shrimp in the OVEN, pre-heat oven to 225°
- 2: Line a BAKING PAN with ALUMINUM FOIL
- 3: Place a single layer of shrimp on the baking pan
- 4: Cover baking pan with aluminum foil to keep shrimp moist.
- 5: Heat in oven for 3 to 4 minutes.



- 1. Preheat oven to 425°
- 2. Place lobster half on

BAKING PAN

and bake for 15 minutes

4. Enjoy!



- 2. Reform stuffed shrimp into a circlular shape.
- 3. Place stuffed shrimp onto BAKING SHEET.
- 4. Pour l tablespoon MELTED BUTTER on each stuffed shrimp. Pour a little bit of WATER on the pan to prevent the stuffed shrimp from sticking(water will most likely evaporate by the time they are finished. Add more water if needed.
- 5. Place stuffed shrimp in pre-heated oven for 15 minutes. Ovens vary, so please check every five minutes. Take the stuffed shrimp out when the shrimp are cooked and the top is starting to brown.

6. Enjoy!

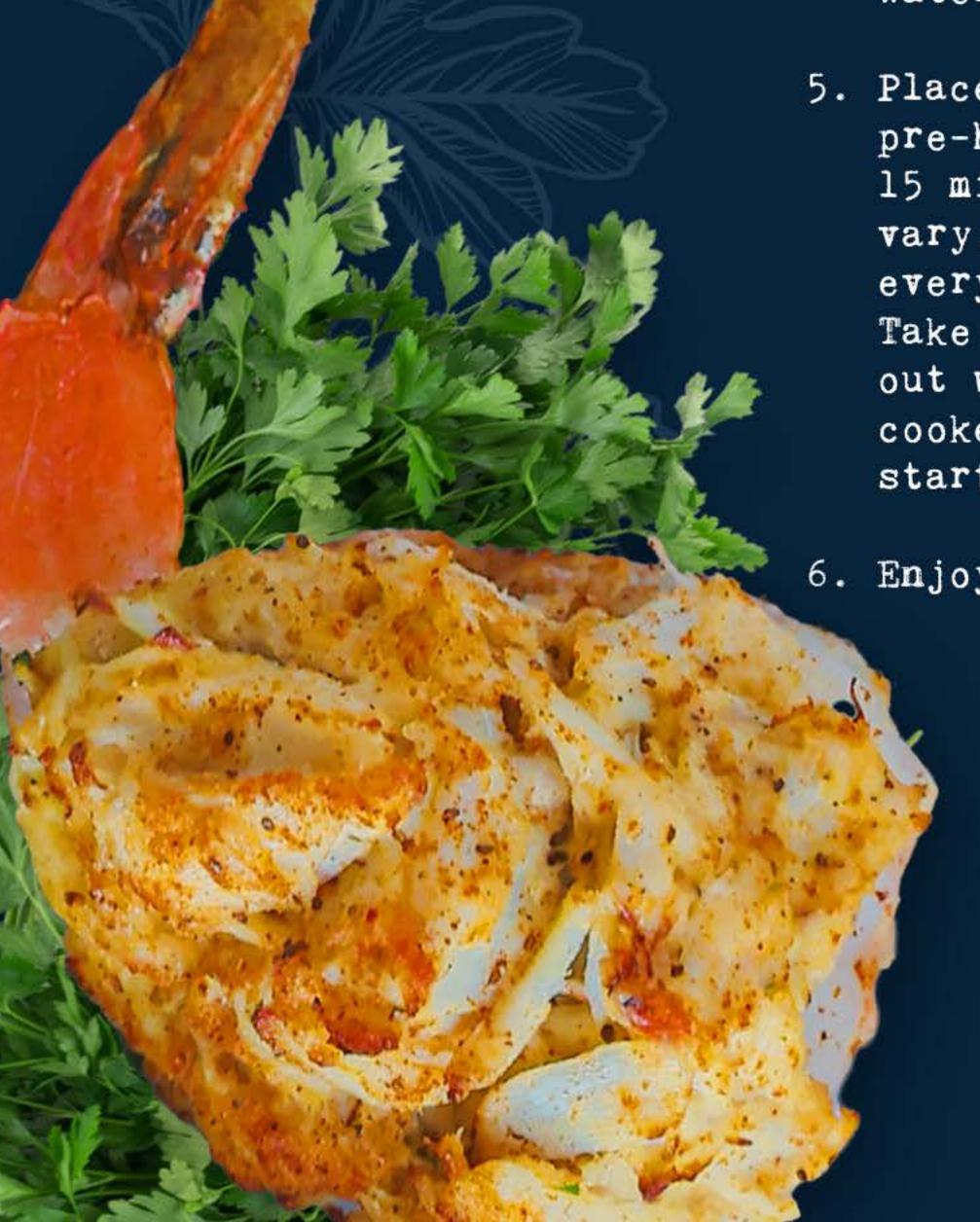
#### YOU WILL NEED:

BAKING SHEET

BUTTER

WATER

If frozen upon arrival: Thaw in fridge for 6-8 hours



# CRABBI CRS

#### YOU WILL NEED:

PAN or GRILL
OVEN (Optional)

#### GRILLED/PAN SEARED

- 1. Grill Hot Dogs for 3-5 minutes
- 2. Rotate every 1-2 minutes
- 3. Heat Crab Dip on stove top on Medium to Low heat for 3-4 minutes
- 4. Toast buns in oven at 350° for 2 minutes
- 5. Heat and stir Crab Dip topping for 2 minutes or until hot
- 5. Prepare hotdogs and top with Crab Dip.
- 6. Serve & Enjoy!

